

# **PE ATTENDANCE / MEDICAL POLICY**

**PURPOSE:** to continue to educate our students about physical fitness, wellness, nutrition, and sport when they are unable to participate actively in the physical education class.

## **ABSENCE**

3 or less missed PE classes should be made up in accordance with their individual teacher.

4 or more missed PE classes should be made up in accordance with the Long Term Medical.

\*\*\*Students are responsible to notify PE instructor prior to school-related absences.

Students may NOT make up classes for the following reasons:

- cutting class (refer to *Student-Parent Handbook*. When a student cuts class or is absent from school unexcused, he/she does not receive participation credit nor may he/she make up skills or written tests)
- failure to dress (Student reports to class and does not have appropriate attire)

## **SHORT TERM MEDICAL**

-Students who cannot participate or who have limited participation in PE activities for 3 days or less shall provide a note, at the beginning of class, from his/her parent or doctor to the PE instructor. This note shall describe the illness and/or injury that are causing the student not to participate during class. (Note: students are required to remain attentive to the lesson.) Classes must be made up similar to an absence.

Students who miss a skill test, fitness test and/or written test due to medically excused non-participation or absence will be expected to make up the test(s). Make up tests are to be arranged with individual instructors at a time that is mutually agreeable.

## **LONG TERM MEDICAL/HOME BOUND INSTRUCTION**

-Students with an illness or injury lasting 4 or more days in duration shall provide a note from his/her doctor to the instructor at the beginning of class. This note should describe the nature of the illness or injury, limitations or restrictions on movement, duration of non-participation, and indication of when PE class may be resumed.

Students with a medical excuse from a doctor, which prohibits or limits PE participation for four consecutive days or more out of the grading period, will be assigned one of two options:

1. Students may continue the course with a modified curriculum in which limitations allow. For a student to get this adaptive Physical Education, he/she must return with a physical activity form signed by their doctor. At this point an adaptive teacher will provide them an alternative Physical Education program.
2. Students may do a written assignment. ½ page per class up to a 5 page paper per 5 week period. For example: a student missing a quarter will be responsible for two 5-page papers. The student must chose 2 of the 3 units taught that quarter and include the following:

Bullets of Content:

- \*description of sport/activity
- \*history of sport/activity
- \*official rules and regulations of the sport
- \*skills involved in sport, game or exercise
- \*strategy involved in sport, game or exercise
- \*career potential

**The paper will be graded on a 4 pt Rubric**

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|----------|---|
| <b>4</b> | <ul style="list-style-type: none"><li>- 6 bullets included</li><li>- Proper length</li><li>- Well written</li><li>- 12 pt. font and double spaced/1 inch margins</li></ul>    |
| <b>3</b> | <ul style="list-style-type: none"><li>- 5 bullets included</li><li>- Not quite complete</li><li>- Well written</li><li>- 12 pt font double spaced</li></ul>                   |
| <b>2</b> | <ul style="list-style-type: none"><li>- 3-4 bullets included</li><li>- Not quite complete</li><li>- Poorly written/little effort</li><li>- 12 pt font double spaced</li></ul> |
| <b>1</b> | <ul style="list-style-type: none"><li>- 1-2 Bullets included</li><li>- Not complete</li><li>- Poorly written/little effort/not typed.</li></ul>                               |